

COVID-19/Coronavirus

Anyone can get it. Anyone can spread it. Cover your face.

► Why should you use a face covering?

To protect people around you if you are infected but do not have symptoms. If we all wear them, we can keep each other safe.

► When should you use a face covering?

Whenever you are outside your home and near other people - in grocery stores, pharmacies, on the bus...

► How do you care for your face covering?

Hand wash it with soap and water.

Remember to...

Wash your hands frequently

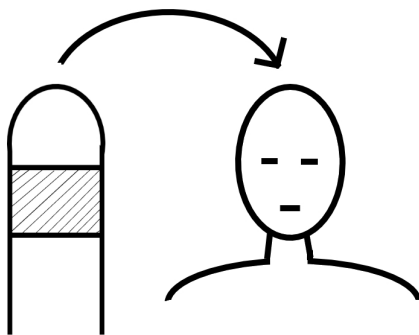
Avoid touching your face

Practice social distancing

Stay at home

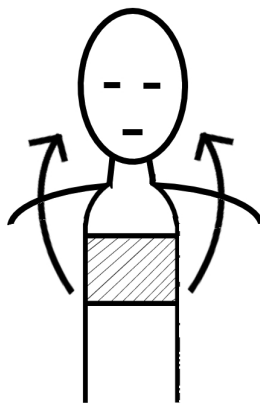
You still need to do these things even if you wear a face covering

1



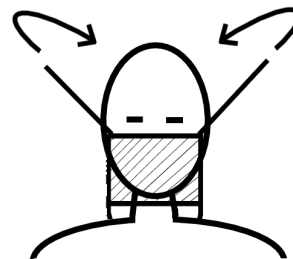
Put the face covering over your head like an apron

2



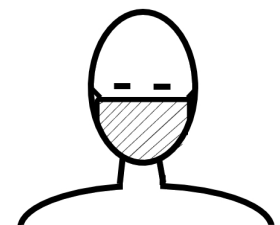
Pull it up to your face using the straps

3

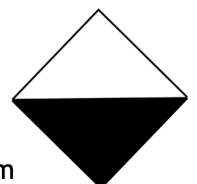


Pull back on straps until snug

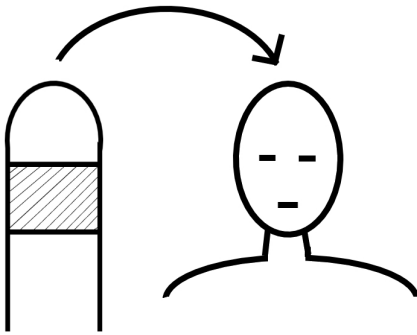
4



Tie at the back and adjust

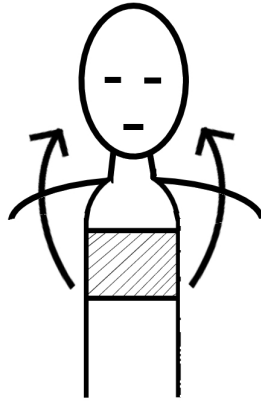


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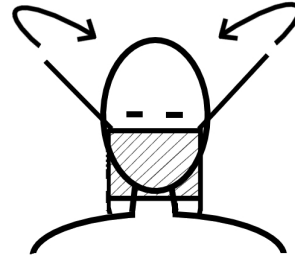
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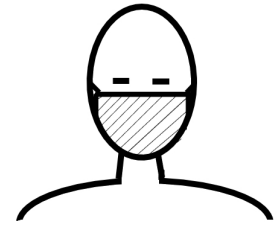
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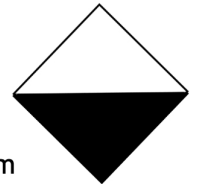
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Tie at the back and adjust

Covering the Triangle
www.coveringthetriangle.com



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