



About the Toolkit

This toolkit is designed to assist child care center and family child care home directors and staff to take the concept of Farm to Child Care and put it into action.

Resources included here will help directors, cooks and teachers implement Farm to Child Care, such as where to purchase North Carolina grown produce, menu planning, activities for the classroom to recipes for fresh, healthy and tasty meals by season.

Over time, additional resources for the toolkit will be provided and you should add them to your binder for a complete toolbox. The Toolkit is also available online at www.wakesmartstart.org, if you wish to print additional copies for staff members.

Managed by Wake County Smart Start in collaboration with Advocates for Health in Action and Wake County Cooperative Extension
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