

**Meet the Farmer**  
**Farmer Morgan Malone**  
**The Well Fed Community Garden**

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Farmer Morgan Malone has been the Well Fed Community Garden Manager since July 2016. A graduate of NC State University's Biology and Agroecology program, Morgan has worked with many urban gardens in the Raleigh area including the SOUL Garden, the Camden Street Learning Garden, and the NCSU Agroecology Farm.

With a passion for the natural environments, Morgan seeks to integrate permaculture, ecology, and community development into urban farming. Morgan loves to work with volunteers and garden partners who always bring exciting perspectives and innovative ideas to the garden. Morgan's favorite things from the garden are melons, tomatoes, and butternut squash.



**What's Growing?**

Farmer Morgan grows a variety of produce year-round. The produce items listed below are available in season: green beans, beets, broccoli, cabbage, brussel sprouts, collards, carrots, cucumbers, swiss chard, eggplant, garlic, arugula, kale, bok choy, kohlrabi, romaine, leaf lettuce, melon, watermelon, dill, basil, parsley, cilantro, sugar snap peas, radishes, rutabaga, okra, onions, peppers, potatoes, spinach, strawberries, summer squash, zucchini, winter squash, tomatoes, and turnips

**Buying from Well Fed Community Garden**

Deliveries can be made near the garden on Mondays or Tuesdays.



**Farm to ChildCare**

**YUMMY, FRESH, HEALTHY... NC FRUITS AND VEGETABLES!**