

## Meet the Farmer

### Carrie Martin, Footprints in the Garden

Mount Olive, NC

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Husband and wife team Carrie and Tim Martin farm Footprints in the Garden about an hour from Raleigh in Wayne County. While Carrie moved to the city at a young age, she always gardened, and in 2012, she and her husband decided to return to their roots and farm the land her family has owned for generations.

The Martins first experimented with growing shitake mushrooms. This successful effort led to a growing partnership with Raleigh City Farm, an urban farm in downtown Raleigh. The Martins have extended production through hoop house growing, partnering with neighbor farmers and improving their farming skills.

### What's Growing?

Footprints in the Garden grows juicy strawberries and watermelon, along with arugula, squash, tomatoes, radishes and more. Carrie also works cooperatively with other farmers in her area, including family members, to provide customers with access to more produce than what she is growing.



The Martin family has grown soy, corn and tobacco on and near the farm, and many relatives continue to grow these crops. Carrie's husband Tim works at the farm part-time, and her two children help as they can. With an interest in nutrition, her daughter helps craft recipes. Carrie's son helps with marketing.

### Buying from Footprints in the Garden

Child care facilities may purchase produce directly from the farm or through the POP Market. The Martins also sell their produce through Raleigh City Farm and from their home in Raleigh. Footprints in the Garden welcomes field trips.

*Hoop houses like this one at Footprints in the Garden help farmers extend their growing season.*



# Farm to ChildCare

YUMMY, FRESH, HEALTHY...NC FRUITS AND VEGETABLES!