Meet the Farmer Farmer Tom Kumpf Double T Farm

Garner and Holly Springs , NC 919-215-8915 tom@double-t-farm.com

Double T Farm is owned and operated by Tom Kumpf and his wife Theresa. Farmer Tom is on the ground (and sometimes covered in it) managing all aspects of planning, planting and harvesting the wide variety of produce grown.

Tom started farming over 20 years ago in his home state of New York. After graduating from college with a degree in education, a job offer brought him to North Carolina. Farmer Tom taught school for 13 years and continued to farm on the side. With the demand for local food in the area starting to blossom, in 2008 Farmer Tom start-

ed farming full-time. Theresa handles the CSA membership, website, social media and wrangling of three growing boys.

What's Growing?

Farmer Kumpf grows a variety of vegetables and fruits year-round. These produce items are available in season: green beans, beets, broccoli, cabbage, brussel sprouts, collards, carrots, cucumbers, Swiss

chard, eggplant, garlic, arugula, kale, bok choy, tatsoi, kohlrabi, romaine, leaf lettuce, melon, watermelon, dill, basil, parsley, cilantro, sugar snap peas, radishes, rutabaga, okra, onions, peppers, potatoes, spinach, strawberries, summer squash, zucchini, winter squash, tomatoes and turnips.



Deliveries are on Tuesdays in Southern Wake County and the minimum order is \$75 per delivery. Child care facilities may pick up produce they have ordered at one of his CSA drop-off locations:

Tuesdays: 4-7 pm in Raleigh

Wednesdays: 3-6 pm in Garner, 2-5 pm in Raleigh and Cary

Thursdays: 5-7 pm in Apex

Saturdays: Garner (hours vary by season) and 10 am-1 pm in Raleigh

Check specific locations with the farmer.



YUMMY, FRESH, HEALTHY...NC FRUITS AND VEGETABLES!